**Coach: Edmond Khoo**

*Coachee S/No.: 304*

*Period of Coaching: Jan 2018 to Aug 2018*

*Number of Sessions: 7*

*Number of Hours: 10.5*

*Average Duration per Session: 1 hour 30 minutes*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

Through the coaching sessions, I was able to gain fresh perspectives and rediscover things from a different angle. That led to greater self-awareness and insights on how I could develop myself professionally.

Edmond helped me see beyond my current capabilities and open my mind to my career possibilities. Instead of identifying my strengths and areas I need to further develop on, he led me to discover them by myself and validate them through the coaching sessions.

Edmond was effective in presenting questions to challenge my thinking such that I could talk through possible solutions in resolving issues I was facing at work. I could be open with him during the coaching sessions as he was always ready to listen without placing any preconception of the situations I shared.

While the sessions allowed much space for me to explore the directions of the coaching, Edmond provided useful structure to help me work out an approach to bring the new discoveries to practical actions.

I would recommend Edmond to others as a coach, especially those in transition to a higher appointment as his expertise and experience have proven helpful.